



# Lancaster

## Health & Wellness Fair

### October 4<sup>th</sup>

**FREE**

**2:30 - 6:30 p.m.**



## Lancaster Community Center



# Bus Schedule – Fall 2017

Session A: October 3, 5, 10, 12  
 Session B: October 17, 19, 24, 26  
 Time: 4:15pm–6:15pm

TOWN	BUS STOP	APPROXIMATE PICK-UP TIME	APPROXIMATE DROP-OFF TIME
Acton	R. J. Grey Middle School	TBD	TBD
Arlington	Ottoson Junior High School	TBD	TBD
Belmont	Chenery Middle School	TBD	TBD
Bolton	Florence Sawyer Middle School	TBD	TBD
Concord	Peabody Middle School	TBD	TBD at Sanborn
Concord	Sanborn Middle School	TBD	TBD
Dover	Dover-Sherborn Middle School	TBD	TBD
Lancaster	Luther Burbank Middle School	TBD	TBD
Lexington	Diamond Middle School	TBD	TBD
Lexington	Clarke Middle School	TBD	TBD
Needham	Pollard Middle School	TBD	TBD
Stow	Hale Middle School	TBD	TBD



**MINUTEMAN**  
 ASPIRE ACCELERATE ACHIEVE

Non-Discrimination. Minuteman Regional Vocational Technical School District does not discriminate on the basis of race, color, national origin, sex, disability, religion, sexual orientation, or gender identity in its programs or activities, including its admissions and employment practices. The School District does not tolerate harassment or discrimination. An individual has been designated to coordinate compliance under Title IX and Section 504 and may be contacted through the Superintendent's Office, 758 Marrett Road, Lexington, MA 02421, (781) 861-6500, ext. 7360.

For More Information  
 Contact Community Education  
 Allison Salisbury, Director  
 781.861.7150  
[asalisbury@minuteman.org](mailto:asalisbury@minuteman.org)

[www.minuteman.org](http://www.minuteman.org)

# Career Pathway Afterschool Program

FOR

# Middle School Students

Fall 2017

Session A  
 October 3, 5, 10, 12

Session B  
 October 17, 19, 24, 26

Time: 4:15pm–6:15pm



**MINUTEMAN**  
 ASPIRE ACCELERATE ACHIEVE





# Career Pathway Afterschool Program FOR Middle School Students

Minuteman is proud to offer this exclusive opportunity for 6th, 7th, and 8th grade students who live in our partner districts. Our unique program allows middle schoolers to choose from 18 course offerings and explore future careers through meaningful, project-based experiences. This program will take place at Minuteman High School. Each program will foster a friendly, collaborative, and safe learning environment for students to study, achieve, and develop. Transportation will be provided for In-District towns only. Pick-up and drop-off locations will be at each middle school within our district. In-District towns include: Acton, Arlington, Belmont, Bolton, Concord, Dover, Lancaster, Lexington, Needham, and Stow.

**TO REGISTER:** Please visit [Minuteman.org](http://Minuteman.org) and click on “Middle School Afterschool Program” under “Quick Links”, or call 781.861.7150. Priority will be given to students residing in Minuteman’s 10 member towns. Students will be accepted on a first come, first served basis. Sessions are \$100 per in-district student, and \$500 per out of district student. Students from out of district towns must call to register. Scholarships available for member town students who qualify.

## Fall 2017 Course Offerings

- HOW ENGINES WORK: automotive technology
- CSI BIOQUEST: biotechnology
- BUILD A SHED: carpentry and construction
- THE CELEBRITY LOOK: cosmetology
- FUN WITH FOOD: culinary arts and hospitality
- GRAPHIC DESIGN: design and visual communications

- DIGITAL PHOTOGRAPHY: design and visual communications
- AMERICAN RED CROSS BABYSITTING COURSE: early education and teaching
- ELECTRICAL ENLIGHTENMENT: electrical
- ECOLOGY & SUSTAINABILITY: environmental science and technology

- BUILD A STEAM POWERED PUTT-PUTT BOAT: environmental science and technology
- THE HAPPINESS IN HEALTHCARE: health assisting
- BASIC PLANT SCIENCE: horticulture and landscape technology
- THE IMPORTANCE OF PLUMBING: plumbing and heating
- CREATE AN ANDROID APP: programming and web development

- THE LANGUAGE OF JAVA: programming and web development
- INVENT AND ENGINEER: robotics, engineering, and automation
- MANUFACTURING ENGINEERING: advanced manufacturing and welding





# Lancaster Recreation Youth Basketball



Lancaster Recreation Basketball is designed  
for girls and boys in grades 1 thru 8.

*Grades 3 thru 8 compete in the Nashoba Youth Basketball League with games  
played in Berlin, Bolton, Clinton, Harvard, Maynard and Stow.*

## The 1<sup>st</sup> and 2<sup>nd</sup> Basketball Program

For 1<sup>st</sup> and 2<sup>nd</sup> graders, Lancaster Recreation Basketball is an intra-town program. The initial sessions will be spent performing drills emphasizing basketball fundamentals and skill development. Practices are on Saturday mornings with weeknight games from 6 – 7 pm. Games and practices are held at the Mary Rowlandson and Luther Burbank Middle School gyms.

**Grades 1 & 2 season: December through January.**

**Cost: \$65.00 per player**

## The 3<sup>rd</sup> thru 8<sup>th</sup> Basketball Program

Grades 3 thru 8 compete in the N.Y.B.L. with the league's emphasis on fun, teamwork and sportsmanship. Players are divided into balanced teams and will continue to develop playing skills and learn more drills at practices. Practice nights and game schedule are dependent upon the grade. Home games and practices are held at Mary Rowlandson Elementary and Luther Burbank Middle School gyms.

**Grades 3 & 4 season: December thru February**

**Cost: \$75.00 per player**

**Grades 5 thru 8 season: November thru February**

**Cost: \$85.00 per player**

## Online Registration:

**Friday, September 1<sup>st</sup> thru Saturday, September 30th.**

For player registration please visit [www.tinyurl.com/LancasterRecreation](http://www.tinyurl.com/LancasterRecreation)

- click on the Blue "Register for ALL Programs" button.
- This will bring you to the eRec registration system.
- Log in or create account and choose the appropriate grade registration.

**Late Registration: ~50.00 late fee/per player will be assessed.**

**From Sunday, October 1<sup>st</sup> thru Sunday, October 15th**



This is an all-volunteer league run by fellow parents just like you. If you are interested in participating as a coach or a general volunteer with the league, or have player/league questions, please email Bill Duggan at [bduggan41@comcast.net](mailto:bduggan41@comcast.net)







# PMC



## Girls Travel Softball

Central Mass Destination for Serious Competitors!!

PMC is a USA Softball registered organization

### Announces 2018 Team Tryouts!!

*All tryouts will be held at Monty Tech softball Field*

*( 1050 Westminster St. Fitchburg, MA. )*

#### Social Links:



@ PMC travel softball



@ PMC\_Softball

### 12U

Tuesday October 3rd, 5:30 - 7:00PM

Sunday October 8th, 12:00 - 1:30PM

### 14U

Wednesday October 4th, 5:30 - 7:00PM

Sunday October 8th, 1:30 - 3:00PM

### 16U

Wednesday October 4th, 5:30 - 7:00PM

Sunday October 8th, 1:30 - 3:00PM

*A completed player registration form is required in advance.*

*Form can be found on our facebook page @ pmc travel softball and emailed to pmcsoftball@gmail.com.*

# Play Street Hockey • Dekhockey



**DESCARGUE**

El formulario de registraci3n  
De nuestra p1gina de Internet  
[www.mystreethockey.com](http://www.mystreethockey.com)

**Equipos y Ligas**  
Se est1n formando ahora en:

## CENTRO DE DEKHOCKEY LEOMINSTER

**¡Cualquiera puede jugar! ¡Niños y niñas!**

**Abierto a todos los residentes FITCHBURG, LUNENBURG, SHIRLEY Y PUEBLOS CERANOS.**

### REGISTRACION PARA TODAS LAS EDADES

<b>Horas de Oficina</b>	<b>Sabado y Domingo.</b>
<b>En semana 4 pm - 8 pm</b>	<b>Sept. 2 - 3, 2017</b>
<b>Fin de Semana 10 am - 4 pm</b>	<b>Sept. 9 - 10, 2017</b>
	<b>Wed. Sept. 13 &amp; Thurs. Sept. 14</b>
	<b>Sept. 16 - 17, 2017</b>

- Chipmunk 4-5-6 años de edad
- Penguin 7-8-9 años de edad
- Beaver 10-11-12 años de edad
- Cadet 13-14-15 años de edad
- Cadet Sr. 16-17-18 años de edad
- Senior A - 18 y mas
- B, C, & D - 16 y mas
- Intermédiate - 35 y mas
- Women - 16 y mas



- Todos los registrados juegan
- 10-12 juegos garantizados además de prácticas y campeonato
- 3 Pistas de patnaje (2 Reg. tamaño 1 de jóvenes)
- Superficies para jugar multi-deportivo
- Tienda y cafeteria

**¡Se necesitan entrenadopr s y árbitros!**

**PARA MAS INFORMACION  
LLAME 978-537-6711**



Centro de **DEKHOCKEY** LEOMINSTER

56 Mead St., Leominster, MA 01453 • Telefono: 978.537.6711 • Fax: 978.534.3460 • [www.mystreethockey.com](http://www.mystreethockey.com)





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**Saturday, December 2nd 2017**

**10:00 AM Sharp**

**Start / Finish at**

**Break-Away Billiards**

**104 Sterling Street, Clinton, MA**

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By participating in this fun 5K event you'll be making it possible for struggling families and individuals in Clinton, Bolton, Berlin, Lancaster and Sterling to make ends meet.

All levels of runners and walkers are welcome on this 3.1 mile, chip timed course that will begin and end at Break-Away Billiards at 104 Sterling Street in Clinton, MA. Individual runners and teams will run or walk through the Greeley Hill area where you'll pass by UMass Memorial Clinton Hospital and St. John's Cemetery before entering Lancaster briefly then turning on to Main Street to head back to where it all began.

After the race enjoy music from DJ Patrick McIntyre



**WHEAT**  
Community Connections



United Way of Tri-County

Register Now At  
**UWOTC.ORG/REINDEER**

**NYPRO**  
A JABIL COMPANY



SILVER SPONSOR



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